



1st Nordic Attachment Network Meeting

Lund, Sweden

Thursday 16 January 2014, 10:00-16:00

Belfrage auditorium (Klinikgatan 32), BMC, Lund University



Prepared by Elia Psouni at Lund University, 12 January 2014

PARTICIPANTS

Anders Broberg

Elia Psouni

Elin Alfredsson

Anette Carnemalm

Tommie Forslund

Matilda Frick

Catarina Furmark

Pehr Granqvist

Tua Hassling

Miranda Hinde

Karin Lundén

Josefine Merlo

Pia Risholm Mothander

Kerstin Neander

Hedda Skyllbäck

Eva Tedgård

Lina Wirehag

Heidi Jacobsen

Sanna Isosävi

Gitte Jönsson

Sonja Breinholst

Bente Friis Holm

Barbara Hoff Esbjørn

Renate Sommerstad

Birgitte Wedel-Jørgensen

Name Elin Alfredsson

<i>Country</i>	Sweden
<i>Affiliation</i>	PhD student, Department of Psychology, University of Gothenburg
<i>Qualitative measures I'm trained in</i>	AAI in training
<i>Self-report measures I use</i>	ECR-RC9
<i>Age groups I work with</i>	Late childhood to adolescence
<i>I am primarily a ...</i>	Clinician / Researcher (PhD student)

Licensed psychologist and accepted as a PhD student at the dept. of psychology, University of Gothenburg in 2011. I have worked as a clinical psychologist in the antenatal and child health care with focus on early relationships and mental health promotion / prevention of mental health problems in young children and their parents through parental support. The working title of my dissertation topic is mental health among Swedish girls and boys at the ages of 10 to 17; natural course and an assessment of universal parental support. The purpose of this research is to study the effects of various universal preventive parenting programs with regarding the mental health of the children. The target group is parents and their children at 10 to 17 years of age. It also aims to investigate how the mental health of this group of children and adolescents generally develop over a five year period. Finally, one purpose is to compare the group of children /adolescents whose parents participated in parenting programs with children in general regarding their mental health.

My supervisor and closest colleague is Professor Anders Broberg.

I have participated in an AAI institute during the fall of 2013, therefore not yet certified coder.

I have a general interest in attachment theory and research and its clinical applications.

Name**Sonja Breinholst***Country*

Denmark

*Affiliation*PhD candidate, University of
Copenhagen, Copenhagen Childhood
Anxiety Project*Qualitative measures I'm trained in*

FFI

Self-report measures I use

Security Scale (old and revised)

*Age groups I work with*School-age children and adults as
parents*I am primarily a ...*

Researcher / Clinician

Currently I am working on my Ph.D. on attachment in regard to development and maintenance of childhood anxiety. More specifically I am concerned with whether and how reflective functioning (measured by the Friends and Family Interview, FFI) can mediate the relation between attachment insecurity (measured by e.g. Security Scale) and elevated symptoms of anxiety in children and adolescents. I am also interested in parental reflective functioning (RF) and attachment representations (measured by AAI) in regard to the child's RF and to the etiology of childhood anxiety in general.

I would like to use the network to get to know other researchers and clinicians who are working within the field of attachment both to broaden my knowledge within the area and to potentially establish new collaborations.

Name**Anders Broberg**

Country

Sweden

Affiliation

Professor, University of Gothenburg

Qualitative measures I'm trained in

AAI, SSP, Pre-school SSP

Self-report measures I use

RQ, ECR-RC9, Security Scale, IPPA

*Age groups I work with*Preschool to adolescence and adults
as parents*I am primarily a ...*

Researcher

My work as clinical child psychologist at the Child & Adolescent Psychiatry Centre in Göteborg (1972 – 1989), coupled with training in psychoanalytic child psychotherapy (1974 – 1979) inspired me to try to understand the base for young children's emotional ties to their parents. My clinical work and my personal experience of having been a foster parent (1979 – 1980) and later my dissertation (Child care and early development, 1989) inspired me to understand separation and its effects on children's development. Thus attachment theory became my professional haven of safety. In 1993 I was trained in the MacArthur pre-school version of Strange Situation by Robert Marvin and in 1994 in the Adult Attachment Interview by Mary Main and Erik Hesse. I am since 2001 a certified AAI trainer and together with Dr. Tord Ivarsson I give AAI institutes, usually once a year. In 2003 was trained in the Infant Strange Situation procedure by Alan Sroufe (A, B, C) and Elisabeth Carlson (D), but have not had the time to get reliable since I at the same time embarked on a journey as text-book writer with special emphasis on attachment theory and its applications.

So far I have authored three books on attachment (*Anknytningsteori; Anknytning i praktiken & Anknytning i förskolan*, published by Natur & Kultur) together with different co-authors.

I teach attachment theory and its' clinical applications in the Department of Psychology at the University of Gothenburg, and I also lecture extensively for non-academic audiences (with the social services and health sectors).

My hopes for the network:

In order for attachment based research to really make a difference also for clinical work its methods and measures have to be made more easily available to practitioners. That requires a joint effort among applied researchers. I think we ought to take advantage of the, in many ways unique, cultural similarity between the Nordic countries, and regard our countries as a common region within which attachment research and its applications can be developed.

Name**Anette Carnemalm***Country*

Sweden

Affiliation

Pediatric Clinic, Neonatal Intensive Care Unit, Lund University Hospital, Lund, Sweden

Qualitative measures I'm trained in

RDI

Age groups I work with

Infants to 6 years, adults as parents

I am primarily a ...

Clinician

I am clinical psychologist and psychotherapist at the Pediatric Clinic, Neonatal Intensive Care Unit, Lund University Hospital, Lund, Sweden. In my clinical work I am focusing on attachment processes early on, with children who are ill at birth, and with their parents in the midst of crisis or mourning. I also carry out developmental assessment with children 1-6 years old. Also, I am responsible for counselling staff on unit and monitoring interventions, focusing on the attachment perspective.

Country
Affiliation

Sweden
Uppsala Child & Baby Lab, Department
of Psychology, Uppsala University

Name

Qualitative measures I'm trained in
Self-report measures I use
Age groups I work with
I am primarily a ...

Tommie Forslund

AAI, SSP, SAT (Kaplan version)
ECR
Infants to early school age
Researcher, PhD student

Name

Qualitative measures I'm trained in
Age groups I work with
I am primarily a ...

Matilda Frick

SSP
Infants to preschoolers
Researcher

Our main research interest is attachment in relation to other constructs important for self-regulation, such as Executive functioning and emotion regulation, and the relation to adaptation, focusing on externalizing behavior problems. This semester we have started a longitudinal study with the main aim to examine effects of family environment (e.g., attachment quality, parental sensitivity, scaffolding, level of family chaos/stress) on the development of EF. We aim to follow 160 children from the age of 10 months until 6 years of age, with data collections at 10, 12, 18, 36, and 72 months. Attachment is a central variable in this study. Apart from investigating effects of attachment on EF, we also have the unique opportunity to investigate independent and interactive effects between attachment, EF and other variables on later externalizing behavior problems.

We see the NAN as a network with multiple opportunities; (1) a forum for distribution of recent and ongoing research through meetings, (2) a knowledgebase regarding usefulness of various measures (3) providing opportunities for training in instruments for the measurement of attachment and attachment related measures (4) collaboration in studies, for example those benefiting from data collection in multiple sites.

Name**Mari Fransson***Country*

Sweden

Affiliation

Department of Psychology, Uppsala University

*Qualitative measures I'm trained in
Self-report measures I use*AAI
ECR, ASQ*Age groups I work with*Infancy, preschool, middle childhood,
young adulthood*I am primarily a ...*

Researcher, PhD student

I have as a PhD student been involved in: (1) The Uppsala Longitudinal Study (from age 6 week until 21 years), which aims to investigate how attachment, temperament and the social context uniquely and in interaction contribute to socio-emotional development; (2) A cross-sectional study investigating if the distribution of attachment differs between a group of children aged 5-7 years who have mothers with intellectual disabilities and a group of matched controls, and if so do other factors such as mother's experience of trauma contribute to the understanding of such differences? Currently, I am involved in the planning of a longitudinal project aiming to investigate how children's cognitive and socio-cognitive functioning is influenced by constitutional factors and the social context (e.g., attachment status and parental sensitivity). Mothers and infants will be followed from pregnancy and onwards.

My expectation regarding the network is simply to get to know other researchers and practitioners within the attachment field, which hopefully will promote the exchange of experiences and knowledge, and perhaps lead to collaborations across research groups and countries.

Name**Catarina Furmark***Country*

Sweden

Affiliation

University of Stockholm

Qualitative measures I'm trained in

PC-ERA, SSP

Self-report measures I use

PRFQ

*Interventions*COS-P, Mentalization Based Treatment
for Children*Age groups I work with*Infants to preadolescents and adults
as parents*I am primarily a ...*

Clinician & Research Assistant

My name is Catarina Furmark and I am a psychologist and a mother of three. I am affiliated with the Psychology Department at the University of Stockholm where I am a research assistant as well as teach Developmental Psychology since 2006. I also give lectures on Attachment at Karolinska in Stockholm. My main current interest in attachment is through the research project regarding implementation and evaluation of COS-P in risk groups with Kerstin Neander and Pia Risholm Mothander. I am also currently doing the reliability for SSP coding, the first part of which should be finished at the end of March. I did the training for Alan Sroufe and Elizabeth Carlson in Minneapolis last summer. The other half of my time I am a school psychologist at two schools in Stockholm City. I am also the Chair of the Nordic Association of Infant Mental Health, an organization affiliated with WAIMH.

My hope for the network is to be meet colleagues in the field. I would also very much like to continue to participate in, learn from and contribute to attachment research in Sweden and worldwide.

Name**Pehr Granqvist***Country*

Sweden

Affiliation

Associate Professor, Head of the PhD program, Dept of Psychology, Stockholm University

*Qualitative measures I'm trained in
Self-report measures I use*AAI, SSP, SAT, FR+, preschool SSP
ECR, WHOTO*Age groups I work with*

Entire life-span

I am primarily a ...

Researcher /theorist

Most of my research concerns attachment. The area where I have most publications and international collaborations is attachment in relation to the psychology of religion. I got my PhD on that topic in 2002 and have continued to research and write about it ever since. I'm also PI on a project about attachment in children of mothers with an intellectual disability. I've functioned as project manager of an adult follow-up of the partially attachment-based Uppsala Longitudinal Study. I'm working on adult attachment method development with Mary Main and Erik Hesse. I have co-written two Swedish textbooks on attachment. I'm researching both normative and individual difference aspects of attachment, across the life-span. I have been "promiscuous" in my use of assessment methods, ranging from developmentally well-validated methods (SSP, SAT, AAI) to quick'n'dirty self-reports, depending partly on the status of prior knowledge on the task at hand. I also teach attachment theory and research at various education levels.

Ideally, the network can contribute with future research collaborations, ranging from exchange of coding to new collaborative research projects. Regarding the latter, rather than largely replicating research that has already been conducted in many countries, I hope we can get our minds focused on creative undertakings that test aspects of attachment that are particular, or at least best illuminated, in our unique corner of the world (i.e., globally the most pronounced of welfare states, with notable implications for caregiving and attachment arrangements).

Name**Tua Hassling***Country*

Sweden

*Affiliation*Child and Adolescent Psychiatry Clinic
in Gothenburg (BUP Gamlestaden)*Self-report measures I use
Interventions*ECR-R, Security Scale
ABFT*Age groups I work with*

Children/adolescents and parents

I am primarily a ...

Clinician

My name is Tua Hassling and I am a social worker since 1990. I work in an outpatient Child and Adolescent Psychiatry Clinic in Gothenburg (BUP Gamlestaden). I have supplementary education in family therapy and CBT. I am now attending the program to be a licensed psychotherapist at the Department of Psychology at GU, it will end in June 2014. I am a certified therapist in Attachment based family therapy (ABFT) and offer ABFT to adolescents and their parents at BUP.

I think it would be interesting with a network with researchers and clinicians to work together so we can implement attachment-based, evidenced based treatments in Sweden.

Name**Miranda Hinde***Country*

Sweden

Affiliation

BUP, Stenungsund

*Qualitative measures I'm trained in
Interventions*

AAI

*Self-report measures I use**Age groups I work with*preschool to adolescence and adults
as parents*I am primarily a ...*

Clinician

From 1994-95 I was employed on a part-time basis by Professor Anders Broberg in his project "Barnuppfostran och anknytning" at the Department of Psychology in Göteborg, assisting in translating the AAI into Swedish.

In January 1995 I attended an Adult Attachment Institute held at University College London by Professor Mary Main and Dr. Erik Hesse. I then embarked on the process of attaining reliability as a coder. During the same period I was employed by Anders Broberg to code and discuss the interviews in his study. We coded the interviews independently of one another and then compared our coding.

In August 1999 I attended my second Adult Attachment Institute, this time led by Anders Broberg and Tord Ivarsson at the Department of Psychology here in Göteborg. I have been deemed reliable across the three main categories in the AAI by Mary Main and Erik Hesse.

I am currently working at BUP (a psychiatric out-patients clinic for children and adolescents) in Stenungsund. I would like to learn more about how to use methods from attachment theory in a systematic way in my clinical work.

Name**Barbara Hoff***Country*

Denmark

Affiliation

University of Copenhagen, Dept. of Psychology, Copenhagen Child Anxiety Project, Øster Farimagsgade 2A, 1353 Copenhagen K, Denmark

Qualitative measures I'm trained in

RF, FFI

Self-report measures I use

Security Scale (old and revised), ECR-R (long and short form)

Interventions

CBT

Age groups I work with

School-age children and adults as parents

I am primarily a ...

Researcher

I work with a developmental psychopathological approach to understanding child anxiety. Attachment and reflective functioning are included in this understanding. I primarily use attachment framework in theoretical research, model testing etc. of anxiety in youth. It is currently not part of my treatment approach which is centered on cognitive behavior therapy and/or Metacognitive therapy. I work with closing gaps between theoretical understandings, for example developing new ways of assessing interactions between parent and child based on merging existing knowledge from different perspectives. E.g. assessing intrusion (social learning theoretical construct in relation to child anxiety) using a micro-assessment approach based on an attachment manual.

I hope that the network could become a place where researchers and clinicians could meet and exchange knowledge, where new projects could emerge, bringing our understanding of not only attachment but psychopathology in youth forward.

Name**Sanna Isosävi***Country*

Finland

Affiliation

School of humanities and social sciences/ psychology, University of Tampere

Qualitative measures I'm trained in

AAI, PDI-RF, EAS, MIM

Age groups I work with

Parents and infants, pregnant

I am primarily a ...

Researcher, PhD student

In my research, I am interested in early dyadic parent-infant regulation, attachment, and features of the interactions in high-risk data. In one project we are looking at drug-abusing pregnant mother's attachment representations and their associations to mothers' and infants' emotion processing and regulation. In another, we are interested in parents' processing of trauma, their reflective functioning, and the dyad's ability to co-regulate emotion.

I am also a clinician and currently in parent-infant psychotherapy training. Clinically, too, I am interested in how parental states of mind and traumatic experiences are transmitted from one generation to another. I want to learn how to better identify the risk factors but also what protects families from these burdens.

I hope the network offers a place for discussion, working together and further to deepen our expertise in attachment and related matters. I hope we can co-organize trainings that are relevant, so that it wouldn't be necessary to (always) travel overseas in hope for making science. In Finland, there is also interest to participate in an AAI trainer's institute, as we hope to have the AAI training in Finland too.

Name	Heidi Jacobsen
Country	Norway
Affiliation	PhD student, National Network for Infant Mental Health at the Region Centre for Child and Adolescent Mental; Oslo, Norway
Qualitative measures I'm trained in	AAI, SSP infant (not certified yet), preschool SSP, CAI
Interventions	CoS – Group Model (Virginia), ABC
Self-report measures I use	None yet, will use ECR
Age groups I work with	Preschoolers and caregivers
I am primarily a ...	Researcher

My research interest is primary on attachment and development in young foster children. I am quite new in the field of attachment research and am working primarily with questions concerning the foster care population and families in the Child Protection Service more generally. I finished my degree as a clinical psychologist in 2005 and has since then been occupied with research. I have just finished my PhD project and will hopefully defend the degree in the beginning of March. My PhD project has the title “Foster care - an opportunity for young children: A longitudinal and prospective study of foster children’s attachment and development”. In this project I follow young foster children from the age of 2 to 3 years and compare their attachment to the primary foster parent, their cognitive development and social-emotional functioning with that of a group of children living in low-risk families. I have now two publications and on paper under review. I hope to be able to follow these two groups of children at an older age. I am also engaged in the Circle of Security (CoS) work in Norway and teach the Secure Base Safe Haven coding system to those who will learn the Virginia Model of the CoS. Further I am a supervisor in the Group Model (again the Virginia Model), and I teach attachment theory and clinical use of the Crowell-procedure and the Working Model of the Child Interview to CPS workers and clinical psychologists.

I would like to use the network as an option for theoretical discussions and research collaboration in order to develop new ideas in the field of attachment research and practice. How to be able to carry out less cost and labor consuming research projects will be of great interest and important for the future of attachment in research as well as clinical use. Further, the network would be a possibility to collaborate with research project across the Nordic countries. The Nordic countries are different in so many ways from other

countries in the western world concerning welfare and how to work with families who need help from the CPS. So I hope the network will contribute to a creative collaboration and an inspiration for more research on attachment, a challenging and expensive research field.

Name**Gitte Jønsson***Country*

Denmark

*Affiliation*Psykologisk Klinik,
Nordre Jernbanegade 22
3400 HillerødBehandlingshjemmet Stutgården
Stutterivænget 2
3400 Hillerød*Qualitative measures I'm trained in*
Age groups I work with
*I am primarily a ...*AAI
adults and children
Clinician

I work part time in my clinical practice, and at an orphanage. I have participated in the 3rd Nordic AAI- institute in Bergen where Anders Broberg and Tord Ivarsson trained us in the Adult Attachment Interview. In December 2004 I passed the reliability test and was certified by Dr. Mary Main and Dr. Eric Hesse. I have coded over hundred AAI transcriptions from research projects at the University of Copenhagen from 2007-2013. The projects have included both high-risk and normal samples

- From 2007-2011 I coded AAI in the research project: “The Copenhagen Bulimia Trial. Attachment patterns and bulimia. Development, treatment and prevention”
- From 2011-2013 I coded AAI for Copenhagen University BabyLab, Centre for Infant Research.
- From 2011-2013 I coded AAI in the research project: “Attachment pattern and Mentalization in Traumatized Refugees”.

In all projects I have worked together with psychologist Renate Sommerstad and we have passed reliability tests in all projects. We are able to code AAI in Danish, English, Swedish, Norwegian, and you are welcome to contact us for further information.

Name**Karin Lundén***Country*

Sweden

Affiliation

Department of Social Work, University of Gothenburg

Qualitative measures I'm trained in

ASI/IAS

Self-report measures I use

VASQ

Age groups I work with

Adolescents and adults as parents

I am primarily a ...

Researcher / Clinician

Social worker, certified psychotherapist and supervisor. Senior lecturer at Department of Social work, University of Gothenburg. My PhD is in psychology. I have a long clinical background. My areas of research are child abuse and neglect, parental ability and attachment. Currently I am interested in attachment in adoptive parents to be, foster parents, parents in custody disputes and maltreating parents. Together with one of my young colleagues in Helsingborg we study how experiences of child maltreatment relate to parenting in child protection assessments. To measure attachment I/we use Attachment Style Interview – in Swedish Intervju om Anknyningsstil – IAS.

Together with Kerstin Frygner, I train professionals and researchers in the use of ASI/IAS and its coding system. There is also a self-report measurement called Vulnerable Attachment Style Questionnaire (VASQ) which for the moment is used in Child Guidance and Child Protection.

I think it is valuable in many ways to form a network. To meet people on regular basis interested in attachment, to have the opportunity to be updated both scientifically and clinically, to have a forum where you can present your research etc.

Name**Josefine Merlo***Country*

Sweden

Affiliation

Research Assistant, Department of Psychology, Lund University

Qualitative measures I'm trained in

FFI, ASA, SBST

Self-report measures I use

ECR, ASQ

Age groups I work with

Late childhood, adolescence, parents

I am primarily a ...

Researcher

I am at the final stage of my studies at the psychology program at the Department of Psychology, Lund University, and since 2011 a research assistant. One of the studies I am involved in is a longitudinal study focusing on attachment, reflective thinking and emotional self-regulation coordinated by Elia Psouni, and I have been working with assessment of teenage children's attachment representations and scripted secure base knowledge. I have also been involved in studies concerning parental support and attachment amongst children in middle childhood competing in sport and attachment and mental health amongst children with a sick sibling, interviewing parents and their children, transcribing and coding interviews and helping with the coordination interviewers and data. I have extensive experience of interviewing with the AAI, CAI, FFI and attachment script assessment in both children and adults. I am reliable coder in the Friends and Family Interview (FFI), Secure Base Script Test (SBST) and Reaction to Diagnosis Interview (RDI).

With the network I hope to get inspiration from Nordic attachment research and establish connections with clinicians and researchers for possible future collaborations.

Name**Kerstin Neander***Country*

Sweden

*Affiliation*Psychiatric Research Centre, Örebro
County Council and Örebro University*Qualitative measures I'm trained in**Self-report measures I use*

RQ

Interventions

CoS – P

*Age groups I work with*Preschool to adolescence and adults
as parents*I am primarily a ...*

Researcher / Clinician

I'm a social worker and have previously been the director of a center for families (Gryningen in Karlskoga) with children 0-6 years. Attachment theory, along with an ecological, transactional perspective and Stern's theories provide the theoretical foundation employed at this center. The main element of the intervention is interaction treatment which can be carried out in different forms; "in video" (Marte Meo), "in vivo" (live), and "in verbis" (verbally).

In 2009 I received my PhD. The thesis was based on attachment-based parent-child interaction interventions at four centers in Sweden. My current research focus involves parents' experiences of being suspected for physical child abuse and – together with Pia Risholm Mothander – the implementation of Circle of Security – Parenting (COS-P).

The collaboration with Pia Risholm Mothander around COS-P is instructive and stimulating, but since there is no "attachment research group" in Örebro, I miss the everyday exchange of experiences with colleagues working in the same field. I believe that the Nordic Attachment Network may create opportunities for productive relationships.

Name

Elia Psouni

Country

Sweden

Affiliation

Associate Professor (Docent), Dept of Psychology, Lund University

Qualitative measures I'm trained in

AAI, FFI, RDI, RF, ASA, SBST, P-CAI

Self-report measures I use

ASQ, ECR-R (short and long), Security Scale (old and revised), IPPA

Age groups I work with

Preschool to adolescence and adults as parents

I am primarily a ...

Researcher

The main goal of my research is to advance the understanding of developmental processes associated with emotional self-regulation and capacity to achieve psychological balance. I focus on how experiences in close relationships, from an attachment perspective, affect this balance. I address these issues combining qualitative attachment methods with cognitive developmental and experimental neuropsychological techniques but also using social epidemiological databases. A special (and my earliest!) interest is the development and consequences of parental caregiving representations as fundamental in the attachment-caregiving system, which was in the core of my PhD work (1999) and which later resulted in related method development (*Parental Caregiving and Attachment Interview*, P-CAI: Bengtsson & Psouni, 2008; Psouni & Bengtsson, under revision). In my work, I try to understand the mutual influences between the caregiving and attachment systems during middle childhood and adolescence. I also study the ways early attachment knowledge is reflected in child and adult cognitive structures and have, to that end, developed the *Secure Base Script Test* for middle childhood (SBST: Psouni & Apetroaia, 2013), currently available in English, Swedish, Italian and Arabic. Besides these measures, I am reliable coder and work with a range of attachment measures, mainly the *Adult Attachment Interview* (AAI), *Friends and Family Interview* (FFI), *Reflective Functioning* (RF), *Reactions to Diagnosis Interview* (RDI) and *Attachment Script Assessment* (ASA) and am currently training in the PDI. I have training in CBT and am clinical psychologist (Psykologlegitimation 2000).

I am convinced that, for both research and clinical praxis, the application of attachment theory and related methodology is very rewarding, but also very resource demanding. My hope is that the network will enhance creative exchanges and collaborations that can help us create synergistic effects with regard to resources, thereby strengthening current attachment research activity

in the Nordic countries. I also hope that connecting, relating and sharing through the network can make possible the development of completely novel contributions in the attachment field, building on unique, common features of our Nordic societies and the environments for attachment and caregiving that these features constitute.

Name**Pia Risholm Mothander***Country*

Sweden

*Affiliation**Qualitative measures I'm trained in*

PC-ERA, WMCI

Self-report measures I use

ECR, PRFQ, IPPA

Interventions

COS-P

Age groups I work with

Infants to adolescents and adults as parents

I am primarily a ...

Researcher, clinical supervisor

I started with an interest in the theory of inter-subjectivity and have later tried to relate and build bridges between inter-subjectivity and attachment theory. My thesis in 1990 focused on the development of infant-mother relationship during the infant's first year. Later I have co-written books on developmental psychology, attachment theory and attachment in practice, the two latter books together with Anders Broberg, Pehr Granqvist and Tord Ivarsson. I am trained and certified to reliability in the use of PC-ERA (Parent-Child-Early-Relational-Assessment; Clark et al 1986) and WMCI (Working Model of the Child Interview; Zeanah et al 1996). I have used these methods in my research on relationship quality in both non-clinical and at-risk families. Together with Kerstin Neander and Catarina Furmark I am presently implementing and testing COS-P in three Infant-Parent Clinics in Sweden, by using different measures, among them WMCI and PRFQ (Parental Reflective Functioning Questionnaire, Luyten et al). I am teaching attachment theory and its' clinical applications in the Department of Psychology on various academic levels and also supervising colleagues in clinical practice all over the country.

My hopes for the network:

To establish a network of colleagues to share methods, translations of non-Swedish methods and implementation results (also those that are not published). To have fun without having to travel all around the world to meet dear colleagues!

Name**Hedda Skyllbäck***Country*

Sweden

Affiliation

Research Assistant, Department of Psychology, Lund University

Qualitative measures I'm trained in

CAI, SBST

Self-report measures I use

ECR, ASQ

Age groups I work with

Late childhood, adolescence, parents

I am primarily a ...

Researcher

I am at the final stage of my studies at the psychology program at the Department of Psychology, Lund University, and since 2012 a research assistant. One of the studies I am involved in is a longitudinal study focusing on attachment, reflective thinking and emotional self-regulation coordinated by Elia Psouni, and I have been working with assessment of parental caregiving representations and their teenage children's attachment representations. I have also been involved in transcribing and coding interviews and helping with data preparation for analysis. I have extensive experience of interviewing with the AAI, CAI, FFI and attachment script assessment in both children and adults. I am reliable coder in the Parental Caregiver Interview (P-CAI).

My hopes for the network are to meet with and be inspired by researcher and clinicians in the attachment research area and hopefully get connections for future possible collaborations and to hear about new research projects. I also hope that the network will be able to facilitate future possible training in other measurements.

Name**Renate Sommerstad***Country*

Denmark

*Affiliation*Månevej 18B, Klinikken ved Søerne,
3100 Hornbæk, Østerbrogade 62 3.
Sal, 2100 København Ø*Qualitative measures I'm trained in*

AAI

Age groups I work with

adults and children

I am primarily a ...

Clinician

I have my clinical practice in Copenhagen and work as a therapist. I have participated in the Nordic AAI- institute in Göteborg, where Anders Broberg and Tord Ivarsson trained us in the Adult Attachment Interview. In 2003 I passed the reliability test and was certified by Dr. Mary Main and Dr. Eric Hesse. I have coded over three hundred AAI transcriptions from research projects at the University of Copenhagen and University of Oslo from 2004-2013. The projects have included both high-risk and normal samples.

- From 2007-2011 I coded AAI in the research project: “The Copenhagen Bulimia Trial. Attachment patterns and bulimia. Development, treatment and prevention”. University of Copenhagen.
- From 2011-2013 I coded AAI for Copenhagen University Baby Lab, Centre for Infant Research. University of Copenhagen.
- From 2011-2013 I coded AAI in the research project: “Attachment pattern and Mentalization in Traumatized Refugees”. University of Copenhagen.
- From 2003-2007 I coded AAI in the project: “Attachment Patterns in Adult Twins”. University of Oslo
- 2007-2008 I coded AAI in the project: “Attachment patterns in young mothers”. University of Oslo.

In the Danish projects I have worked together with psychologist Gitte Jønsson and we have passed reliability tests in these projects. We are able to code AAI in Danish, English, Swedish, Norwegian, and you are welcome to contact us for further information.

Name **Eva Tedgård**

<i>Country</i>	Sweden
<i>Affiliation</i>	Viktoriagården, Malmö and Dept of Child and Adolescent Psychiatry, Lund University
<i>Qualitative measures I'm trained in</i>	WMCI
<i>Self-report measures I use</i>	ASQ
<i>Age groups I work with</i>	Infant, preschool and parents
<i>I am primarily a ...</i>	Clinician / Researcher

I'm a clinical child psychologist and psychotherapist, working with Child & Adolescent Psychiatry for 25 years and during the last 15 year at the infant and toddlers unit Viktoriagården in Malmö.

The attachment theory has been a solid ground for my therapeutic work for a long time. Right now we are trying COS-P, and I'm responsible for the implementations and evaluation project at our unit Viktoriagården.

I have participated in different research projects: "ethical consequences of prenatal diagnostic", "being a parent after in vitro fertilization" and now I'm doing my PhD project concerning adults who have had abuse in their family of origin and their difficulties with their own children and the importance to prevent the intergenerational transmission of abuse.

I am also giving lectures on attachment for medical students and nurses specializing in pediatrics.

My hope for the network is to meet colleagues working the same field and to have an opportunity to update both clinically and scientifically.

Name**Birgitte Wedel-Jørgensen***Country*

Denmark

*Affiliation**Qualitative measures I'm trained in*

AAP (Adult Attachment Projective), RF, SSAP, MIM, ERA

Interventions

COS-P

Age groups I work with

Infants to 12 years, adults as parents

I am primarily a ...

Clinician

I am a clinical psychologist doing mainly parental assessments and assessments of children. Attachment theory is the foundation of my work. Parental assessments are made in Denmark using different methods and not all are equally relevant to parental capacities. I use attachment based methods in my assessments but find most of them very demanding, both in training/obtaining reliability and in my daily work (for instance coding reflective functioning on the AAI). At the same time, I find myself obliged to use the most relevant methods in these assessments that can have far reaching consequences for families and children.

I would like to discuss some of the dilemmas in putting attachment measures into daily practice. My contribution would be my knowledge of a variety of attachment assessment methods and attachment in general.

Name**Lina Wirehag***Country*

Sweden

Affiliation

BUP Göteborg

Qualitative measures I'm trained in

AAI in training

Self-report measures I use

VASQ, Security scale, IPPA

Age groups I work with

Children, adolescents and parents

I am primarily a ...

Clinician

I am a clinical psychologist and I work at the Child- and adolescent psychiatric clinic in Göteborg and have done that since 2009. In my clinical work I do both assessment and treatment, and I work with children, adolescents and parents.

During my education to become a psychologist I did my Master's thesis on attachment and human development, studying an observational measure developed at my clinic. In my clinical work I have always had a special interest in assessment of attachment and treatment methods based on attachment theory. At my outpatient unit we have formed a group consisting of three colleagues who meet regularly and work with implementing methods based on attachment theory in our clinical setting. In August 2013 we had the privilege to attend the 6th International Attachment Conference in Pavia, Italy.

I have a research interest and have been a part time research assistant for the last two years, in a project led by Prof Anders Broberg and PhD student Elin Alfredsson at the University of Göteborg.

In November 2013 I went to the AAI institute in Oslo led by Prof Anders Broberg and Prof Tord Ivarsson, and I am now doing the reliability training.

I am really glad to be a part of the initiative to form a Nordic Attachment Network, and hope that it can be a forum where researchers and clinicians meet, share knowledge and start Nordic collaborations.



Prepared by Elia Psouni at Lund University, 12 January 2014